

## Grocery List #57

**THINGS YOU MAY ALREADY HAVE** (add them to the list below if you don't have them):

|                       |                     |                   |
|-----------------------|---------------------|-------------------|
| Salt*****             | Sugar               | White rice**      |
| Vegetable oil**       | Panko breadcrumbs** | Dried thyme       |
| Sesame oil            | Olive oil***        | Onion             |
| Red pepper flakes     | Black pepper***     | Italian seasoning |
| Garlic cloves***      | Garlic powder       | Butter            |
| Low-sodium beef stock | Dijon mustard       |                   |
| Low-sodium soy sauce  | Tomato sauce**      |                   |

**THINGS YOU MAY NEED TO GET:**

### BAKERY

Thick-sliced bread

### DAIRY/COLD SECTION

Shredded mozzarella cheese\*\*\*

Shredded Cheddar cheese

### PRODUCE

Ginger root

Broccoli\*\*

Red bell pepper\*\*\*\*

Green onions\*\*

Spinach\*\*

Mushrooms\*\*\*

### DRY GOODS

Ramen noodles

Creamy Caesar dressing

Packaged fully-cooked brown rice

### MEATS/SEAFOOD

Beef steak

White fish fillets (like tilapia)

Skinless chicken thighs\*\*

Pepperoni slices

\*This item is either used in multiple recipes, in multiple meals, or in unexpectedly large amounts. The number of asterisks notes the number of uses.