

## Grocery List #44

**THINGS YOU MAY ALREADY HAVE** (add them to the list below if you don't have them):

Vegetable oil***	Mustard	Garlic cloves**
Garlic powder***	Butter	Kosher salt
Salt***	Olive oil**	Mayonnaise
Black pepper****	Cooking spray	Low-sodium soy sauce**
Low-sodium beef stock**	Heavy duty aluminum foil	Brown sugar
Onion	Italian dressing**	Sesame oil**
Dill pickles**	Canned salmon	Cornstarch
Canned diced tomatoes**	Eggs**	
Ketchup	Breadcrumbs	

**THINGS YOU MAY NEED TO GET:**

### BAKERY

Hamburger buns\*\*

### AIRY/COLD SECTION

Shredded cheddar cheese

Shredded mozzarella cheese

Whole milk

Shredded Parmesan cheese\*\*

### PRODUCE

Tomatoes\*\*\*

Asparagus\*\*

Lemon\*\*

Lettuce\*\*

English cucumber

Red onion\*\*

Broccoli florets (fresh or frozen)

Green onion\*\*

### DRY GOODS

Dried pasta (small like alphabet)

Farro\*\*

Dried pasta shells

Roasted cashews

### MEATS/SEAFOOD

Lean ground beef

Pre-cooked bacon\*\*

Shrimp

Fully-cooked chicken sausages

Stir-fry beef strips

\*This item is either used in multiple recipes, in multiple meals, or in unexpectedly large amounts. The number of asterisks notes the number of uses.