

Grocery List #40

THINGS YOU MAY ALREADY HAVE (add them to the list below if you don't have them):

Olive oil****	Cream cheese	Horseradish
Canned black beans	Garlic powder	Canned diced tomatoes
Canned diced tomatoes	Dry oregano**	Red pepper flakes
Garlic cloves**	Dry basil	Eggs**
Low sodium chicken stock	Quinoa	Canned salmon
Salt***	Canned tomato sauce	Breadcrumbs
Pepper***	Ketchup	

THINGS YOU MAY NEED TO GET:

BAKERY

Sliced bread for toasting**
Hamburger buns

DAIRY/COLD SECTION

Shredded mozzarella**
Grated Parmesan cheese

PRODUCE

Fresh cilantro
Southwest chopped salad kit
Cauliflower
Fresh parsley**

Lemons**

Salmon burger toppings (lettuce, tomato, etc.)

FROZEN

Sweet potato fries

DRY GOODS

Soft or hard tortilla shells

MEATS/SEAFOOD

Canadian bacon or ham
Shrimp**

*This item is either used in multiple recipes, in multiple meals, or in unexpectedly large amounts. The number of asterisks notes the number of uses.