

Grocery List #36

THINGS YOU MAY ALREADY HAVE (add them to the list below if you don't have them):

Olive oil	Onion powder	Cornstarch
Salt***	Vegetable oil**	Sesame seeds (optional)
Dry oregano	Tortilla chips**	Rice**
Dry basil	Unsalted butter	Baking powder
Black pepper	Maple syrup	Wing sauce or dry rub
Quinoa	Dijon mustard	Salsa
Tomato sauce	Skewers	
Salad dressing	Garlic cloves	
Smoked paprika	Soy sauce	
Chili powder	Sesame oil	
Garlic powder	Honey	

THINGS YOU MAY NEED TO GET:

BAKERY

Corn or flour tortillas

DAIRY/COLD SECTION

Shredded mozzarella**

Sour cream**

PRODUCE

Cauliflower florets

Lettuce**

Shredded cabbage slaw***

Avocado***

Cucumber**

Tomato***

Green onion***

Limes

Fresh cilantro

Grapes

Broccoli**

FROZEN

Frozen waffles

PANTRY

Canned chipotle

MEATS/SEAFOOD

Shrimp (peeled and deveined, no-tail)

Fully cooked sweet apple chicken sausages

Boneless skinless chicken breasts

Chicken wings

*This item is used in multiple recipes or in multiple meals. The number of asterisks notes the number of uses. This is done to help you figure out quickly how much you likely need.

Brought to you by Christine Pittman from COOKtheSTORY.com and TheCookful.com.
And now streaming on the podcast *Time Management Insider!*