

## GROCERY LIST #35

### BAKERY

Italian loaf

### DAIRY/COLD SECTION

Hummus

Whipping cream

Shredded cheese blend

Shredded mozzarella cheese

Unsalted butter

### PRODUCE

Lemon (for 2 meals)

Avocados

Cucumber

Radishes

Fresh dill

Onion (for 2 meals)

Garlic cloves (for 3 meals)

Broccoli

Green onions

Bell peppers

Southwest Chopped Kit

Fresh parsley (or use dried, or omit)

Shallot (or use onion powder)

### PANTRY

Olive oil (you need quite a bit of this)

Salt

Pepper

Canned chickpeas

Toasted sunflower seeds

Egg noodles

Beef broth

Canned diced tomatoes (for 2 meals)

Worcestershire sauce

Oregano

Tomato sauce

Taco shells

Garlic powder

Chili powder

Salsa

Canned kidney beans

### FREEZER

Cauliflower rice (for 2 meals)

### MEATS/SEAFOOD

Ground meat (for 3 meals)

Rotisserie chicken