

## **GROCERY LIST #9**

### **BAKERY**

Small dinner rolls that are attached

Un sliced Italian bread

### **DAIRY/COLD SECTION**

Eggs

Shredded cheddar cheese

Butter

Shredded mozzarella cheese

Parmesan cheese

Greek yogurt or Sour cream

### **PRODUCE**

Chives

Onions

Raw veggies for fridge salad

Garlic

Flat-leaf parsley (or dried)

Shallot (or use onion or onion powder)

### **PANTRY**

Maple Syrup

Dijon mustard

Garlic powder

Italian dressing

Brown rice

Condensed cream of chicken soup (2)

Panko breadcrumbs

Olive oil

Salt

Pepper

Tomato sauce

Pasta

Sliced black olives

Cooking oil

Flour

Low-sodium beef stock

Worcestershire sauce

Chili powder

Salsa

Canned diced tomatoes

Canned kidney beans

### **MEAT/PROTEIN**

Sliced ham

Cooked chicken or turkey

Fish fillets

Beef strips

Ground meat (chicken or beef)

### **FREEZER**

Frozen mixed veggies

Frozen puff pastry