

GROCERY LIST #8

BAKERY

Tortillas

DAIRY/COLD SECTION

Heavy cream

Cheddar cheese

Pepper jack cheese

PRODUCE

Onions

Garlic

Cilantro

Whole heads of broccoli

White potatoes

Curly kale

Ginger root

Orange juice

Matchstick carrots (a.k.a. shredded carrots)

Lime juice

Cabbage slaw or Southwest Chopped Salad Kit

PANTRY

Salt

Pepper

Olive oil

Chili powder

Ground cumin

Dried oregano

Chicken stock, low-sodium

Canned diced tomatoes, fire roasted

Canned green chilis

Fettuccini pasta

Olive oil spray (or use a mister)

Red pepper flakes

Garlic powder

Soy sauce

Brown sugar

Tomato paste

Sriracha

Cornstarch

Long-grain rice

Shredded coconut

Cooking oil

Whole carrots

Baking potatoes

Beef stock, low-sodium

All-purpose flour

Ground coriander

Paprika

MEAT/PROTEIN

Chicken thighs, boneless skinless

Mild Italian sausages

Chicken breasts, boneless skinless

Stewing beef

Pork shoulder or butt roast